Quality Of Life Of Cancer Patients In Relation With Their Needs And Quality Of Information Given By Nurses

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Abstract

The concept of quality of life (QOL) refers to the ability to enjoy normal life activities; it is a complex combination of satisfactory functioning in essential four core domains: physical, psychological/emotional, social and spiritual.

Quality of life is an important aspect of care in the clinical setting; nurses can improve patients' quality of life by ensuring they are competent in daily practice, and by giving patients a high quality holistic care based on safe, effective

Methods: A convenient sample of adult cancer patients recruited from a university hospital, Cairo, Egypt. Data were collected through self-administered questionnaire or patient structured interview.

Tools used: EORTC QLQ-C30 (Version 3) and QLQ-INFO25. Data analysis includes descriptive statistics of relationships between key variables; physical, emotional, social wellbeing, type of information given and quality of life.

Results: Results revealed significant correlation between Lack of information and low quality of life. Patients expressed their needs for more clarification about treatment side effects and how to cope in the future.

Conclusion: Quality of life should be assessed frequently by nurses throughout treatment phases to identify patients at risk. Nurses should also emphasize on proper patients teaching and counseling to promote physical psychosocial balance and improve quality of life.

Keywords: Quality of Life, Information, cancer patient needs

Biography:


Speaker Publications:

Chemotherapy in the National Cancer Institute Egypt. The New Egyptian, Vol.: 40; No.:3 March 2009.

2. Egyptian Nurses' Perceptions of Palliative Cancer Care and Patient Needs

3. Symptom distress and quality of life of Egyptian adults with cancer: Patients and nurses perception

4. Fatigue, distress, and quality of life of Egyptian cancer patients during therapy.


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