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Quality Of Life Of Cancer Patients InRelation With Their NeedsAndQuality Of Information GivenBy Nurses

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Abstract

The concept of quality of life (QOL) refers to the ability to enjoy normal life activities; it is a complex combination of satisfactory functioning in essential four core domains: physical, psychological/emotional, social and spiritual.

Quality of life is an important aspect of care in the clinical setting;nurses can improve patients' quality of life by ensuring they are competent in daily practice, and by giving patients a high quality holistic care based on safe,effective

Methods: A convenient sample of adult cancer patients recruited from a university hospital, Cairo, Egypt. Data were collected through self-administered questionnaire or patient structured interview.

Tools used: EORTC QLQ-C30 (Version 3) and QLQ-INFO25. Data analysis includes descriptive statistics of relationships between key variables; physical, emotional, social wellbeing, type of information given and quality of life.

Results: Results revealed significant correlation between Lack of information and low quality of life. Patients expressed their needs for more clarification about treatment side effects and how to copein thefuture.

Conclusion: Quality of life should be assessed frequently by nurses throughout treatment phases to identify patients at risk. Nurses also should emphasize on proper patients teaching and counseling to promote physical psychosocial balance and improve quality of life.

Keywords: Quality of Life, Information, cancer patient needs



Biography:

Assistant professor of Nursing(adult Health), Specialty: Oncology Nursing Education Coordinator of Oncology nursing specialty Diploma. NCI, Cairo University. ELNEC, USA. Certificate, EPIC- O. ASCO. BREAST CANCER - TOTs Program, ISNCC. Early detection & prevention of Cancer ,teaching Breast Self Examination, M.D Anderson . Post basic certificate in Cancer Nursing. Royal Marsden Hospital, UK. Cancer Patients & Families teaching Class. Coordinator of nursing collaboration project, Palliative care program, NCI Cairo & KHCC, Amman (2008-2010). Member, Advisory Planning Committee for development of TOTs Workshop focused on fundamentals of breast cancer care for Middle East and North Africa nurses led by the ONS, the U.S. - Middle East Partnership for Breast Cancer Awareness and Research 2009. Organizer of first UICC Cancer Nursing Course . Cairo. Member of the steering committee for palliative care, MECC (Egypt Representative (2005-2009). Member of Nursing committee " preparation of radiotherapy nurses training syllabus, IAEA, Vienna, 2005.

Speaker Publications:

1. Elsamman ,G& El kateb, N .(2009). Effect of Exercise on Physical Status of Children with Cancer Receiving



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- 3. Symptom distress and quality of life of Egyptian adults with cancer: Patients and nurses perception
- 4. Fatigue, distress, and quality of life of Egyptian cancer patients during therapy.

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